

13th Annual Peer Summit
YOU(the) ARE THE CHANGE
~ Journey to the Future ~



HEALTHY TEENS MARIN thanks the following individuals and leading workshops at Peer Summit XIII:

- **ACTING OUT: Using Improvisational Acting to Stand Up For Yourself** by [Beyond Hunger](#)
- **ALCOHOL & PRESCRIPTION DURGS IN HIGH SCHOOL** by [Drake High School Peer Resource Class](#)
- **BE THE CHANGE** by [Future Leaders for Peace](#)
- **COLLEGE 101** by [College of Marin Youth Ambassadors](#)
- **GOING PLACES: Transportation & Energy For the Future** by [4-H Youth Development, UC Cooperative Extension](#)
- **HEALING WITH NATURE & THE FIVE ELEMENTS** by [Regina Powers](#)
- **HEALTHY EATING MADE EASY** by [SOAR With Food](#)
- **HOW TO HELP YOUR FRIENDS & YOURSELF THROUGH SEPARATION OR DIVORCE** by [Andrew Lamden, LCSW](#)
- **HOW TO SURVIVE HIGH SCHOOL** by [Huckleberry Youth Programs](#)
- **IT'S GETTING HOT IN HERE – Global Warming & What You Can Do** by [Next Generation](#)
- **MEDIA MIXER EXPRESS** by [Intel Computer Clubhouse](#)
- **NOT EVERYONE IS STRAIGHT: How to Be An Ally** by [Spectrum LGBT Center](#)
- **ONE DREAM 2009: Youth Voices Invisible No More** by [One Dream 2009](#)
- **PUT SOME CRUNCH IN YOUR LUNCH** by [Marin Youth Health Advisory Council](#)
- **RETHINK YOUR DRINK!** by [Marin County Nutrition Wellness Program](#)
- **RIGHTING THE WRONG: Yes, YOU Can Be The Hope For a Hurting World, Orphans, The Poor and Invisible** by [Phil Steiner](#)
- **SAFE COSMETICS 101: Beauty News We Can All Use** by [Teens for Safe Cosmetics](#)
- **TEENS TELLING IT LIKE IT IS: Mental Health** by [The Marin Teen Mental Health Board](#)
- **THE TRIAL: Who's Responsible?** by [Bay Area Community Resources](#)
- **WHAT ABOUT WATER** by [Next Generation](#)
- **YOUTH COURT: Peer Justice** by [YMCA of Marin Family Services](#)
- **YOU ARE WHAT YOU EAT . . . Literally, No Kidding, As Gross As That Sounds** by [Marin Organic](#)
- **YOU ARE WHAT YOU EAT: A Look At Food and the Environment** by [College of Marin](#)